

BCLFSC Policy – 073109 - EPHS Varsity Lettering Program Requirements

Eden Prairie High School, in conjunction with TCFSA, has developed an Independent Provider Extra Curricular Lettering & Participation Recognition Program for figure skating. The requirements set forth in this policy are meant to be an equivalent to other varsity lettering requirements for EPHS sports.

Objectives of the Program

1. To offer high school athletic status to figure skaters.
2. To extend sanctioned high school skating beyond hockey.
3. To give figure skaters the same courtesy and empathy in academic considerations (excused absences and extended deadlines) which traditional high school athletes receive from faculty when events require them to leave school early, be tardy or absent.
4. To recognize the accomplishments and time commitment of figure skaters with a varsity letter award to those who meet the requirements. Official high school athletic recognition is important to college applicants. The time demands of figure skating often preclude student participation in many of the regular high school varsity sports programs.

Qualifications and Requirements for Varsity Letter

To be eligible for the EPHS program, the skater must meet the following criteria:

1. Skater must be a student of Eden Prairie High School, in grades 9-12.
2. Skater must submit EPHS Student Activities Registration Forms, along with the appropriate fee (as determined by EPHS), to the BCLFSC Lettering Coordinator by August 1st.
3. Skater must abide by Eden Prairie High School, ISD #272 and Minnesota State High School League activity requirements.
4. Skater must train under the supervision of an approved BCLFSC professional coach. (Coach must authorize criminal background check and abide by ISD #272's discrimination, harassment and violence policy.) Skater must collect completed background check release form from coach and provide that and a check for \$15 made out to EPHS to the BCLFSC Lettering Coordinator by August 1st.
5. Figure skating must be performed at a High School Varsity level or higher as follows:

Skater must practice and/or compete/perform a minimum of 150 hours (not sessions/classes) during the skating season (contract and buy-in hours). To be included in the required practice/competition/performance hours, the skater must skate on BCLFSC ice, other USFS affiliated clubs ice, and/or the Braemar City of Lakes Skate School ice. On or off ice classes/seminars/sessions must be approved by BCLFSC.

For the purposes of this program, the skating season will be April 16 through April 15th. The requirement is actual time dedicated to figure skating, so just contracting the ice is not sufficient. 150 hours must be SKATED (practices, competitions, seminars, classes) or completed in off ice classes or seminars. This averages to 4 freestyles/classes per week for 50 weeks per year. It is the skater's responsibility to ensure this minimum is met by April 15th. Hours will be counted as follows:

- 1 hour = 1 hour on or off ice;
 - Ice show dress rehearsals will count towards ice time and will equal the number of hours you are required to be at the rink (i.e. first half of the show 1.5 hours = 1.5 hours);
 - Seminars and on or off ice classes will count as minutes participated towards the required time
 - Competitions will count as 1 hour per event you compete in; practice ice purchased for the Competition will also count towards total required time; minutes purchased=minutes skated etc...
6. Skater must attempt (not necessarily pass) at least one USFS or ISI official skate test during the 12 month season (April 16th – April 15th), with the exception of any skater who has their Senior freestyle or Senior moves test remaining or has already passed all testing levels.
 7. Skater must have achieved at least the freestyle test level of Intermediate or moves test level of Intermediate.
 8. Skater must participate in the BCLFSC Annual Spring Ice Show.
 9. Skater must participate in at least 2 additional “public” events per 12 month season. These events could be:
 - * Competitions - each entered event qualifies, i.e., short program and long program at one competition qualifies for the two event requirement.
 - * BCLFSC Exhibitions or Competition Exhibitions
 - * Skate of Champions, other designated TCFSA or USFS Exhibitions
 10. Skater must submit all necessary documentation (testing forms, ordinal sheets, contracted sessions - all documentation for verification of at least 150 required hours and the other lettering requirements) to the BCLFSC Lettering Coordinator by April 15th.

Varsity letter and participation awards will be presented at the Annual BCLFSC Banquet.

Qualification and Requirements for EPHS Participation Award

Skaters meeting all of the above requirements and qualifications EXCEPT #7 (i.e., not yet passed the Intermediate Freestyle or Intermediate Moves test by April 15th), will receive a *Participation Award Certificate* and *Numerals of Participation* (example: 08, 09, 10 for sleeve of a jacket) at the Spring BCLFSC Banquet.

Presentation of Awards

EPHS chenille Letters, chenille Figure Skates, chenille bars (see below), Participation Award Certificates and Numerals of Participation will be awarded to the qualifying recipients at the annual BCLFSC Banquet. In addition participating students will be invited to be included in the EPHS Figure Skating Lettering Program 5 x 7 photo for the EPHS yearbook; pictures are due January 15th.

Skaters with accomplishments above and beyond the lettering requirements for figure skating will be recognized by EPHS for those achievements. Chenille Bars (to be placed on the sleeve of the letter jacket) will be given for the following accomplishments:

- a. Any Senior (Gold) Moves, Freestyle, Pairs and Dance tests passed.
- b. Minnesota State Championship Medalist
- c. Upper Great Lakes Regional Championships Medalist
- d. Midwestern Sectional Championships Competitor or Medalist
- e. US National Championships Competitor or Medalist