

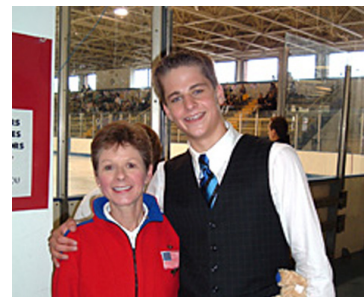
2007 Midwestern Sectional Championships

The Braemar - City of Lakes Figure Skating Club was represented at the recent 2007 Midwestern Sectional Championships in Birmingham, Alabama by several club members.

Rohene Ward (Senior Men), Maria Sperduto (Junior Ladies), and Alex Johnson (Novice Men) participated in the event. The club is proud of the hard efforts and dedication of our skaters.

Alex Johnson narrowly missed first place overall by a miniscule .04 points. He ended the competition on a high note to finish second overall, but first in the free skate.

His program opened with a triple flip, and he later stepped out of a triple Lutz, but landed a triple Salchow and triple toe-double-toe, double loop combination.



His efforts earned him his second consecutive trip to the US National Championships in Spokane, WA Jan. 21-28.

2007 Adult Midwesterns Sectional Championships

The 2007 Adult Midwestern Sectional Figure Skating Competition will be held March 17 and 18, 2007. It will be hosted by the Braemar City of Lakes Figure Skating Club and held at the Braemar Ice Arena in Edina, Minnesota.



Adults compete in singles, dance, interpretive and pairs at the U.S. Adult Figure Skating Championships. Glen and Kristi Norman were second in adult pairs 2003.

Photo by Paul Harvath

This competition is the first adult-only competition held in Minnesota. Competitors will be traveling from all over the Midwest. From Illinois to South Dakota, from Texas to Minnesota, the top skaters from the Midwest Region will have a chance to earn a spot at the Adult Figure Skating Nationals held in April.

The most advanced competitors can land multiple jumps and perform complex spins. But the skaters focus more on camaraderie than on beating the competition. Lisa Schurch, Co-Chair of the competition said, "Most skaters have full time jobs but set aside many hours each week to practice.

Skating is a great form of exercise. A typical workout includes cardiovascular development as well as muscle building. It's exciting to skate fast, jump high and land gracefully. There are event levels for all skaters. Come and join us in March in Edina."

With more than 120 competitors, 30 volunteers and judges, this will be an exciting weekend. Individuals who want to compete, volunteer or watch can get more information from the contact information shown below.

Lisa Schurch 952-887-3195
lmschurch@msn.com
www.braemarfsc.org/2007adultmids

- **Have questions about the club or heard a rumor?**
- **Have ideas to improve things or items of concern?**
- **Would like to volunteer time or donate some items?**

■ **Please contact a Board Member.**

"Everything that I've ever been able to accomplish in skating and in life has come out of adversity and perseverance."

Scott Hamilton

Why?

My child has failed a skating test
for causes I shall state.
I've told each person I have met
The reasons for this fate.

The test was much too early
The test was much too late
My skater waited for hours
My child was first to skate.

The judges' panel was all male
The panel was all ladies
The rink was zero and below
The rink was hot as Hades

The light was poor, the surface was bad,
The ice too smooth for skating
Too insufficient warm-up time,
Too long on practice waiting.

Trial judges gave my skater nerves
The chairman planned it all wrong
The rink was much too quiet,
The music much too strong.

The skating outfit was too bright
The outfit was too plain
She skated just before "Joe Blow":
He had to follow "Jane".

The skates were worn with no support
Too new for good effect
The blades too dull, the blades too sharp
The blades stoned incorrect.

The judges had not eaten.
They took too many breaks,
My tester had a headache
The accountant made mistakes.

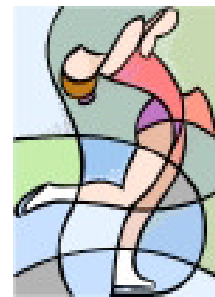
The pro is teaching her all wrong,
The pro had her confused.
Her love life is a terrible mess
Her schoolmates are amused.

She's overtired from quiz and books
Her partner was off time
The dance was too fast; the dance was too slow
It's past her dinnertime.

I'll tell you straight, I'll tell you fair
The facts are true as die
My skater failed this skating test
I'm trying to fathom why.

I've had this nagging little thought
Which does not last too long.
Do you suppose this child I love
So calm, prepared and steady
Who failed this skating test
Was never really ready?

Author Unknown



Competition Results

2007 Midwestern Sectional Championships

Senior Mens Championship

Rohene Ward 6th (SP 5th, FS 6th) IJS

Junior Ladies Championship

Christina-Maria Spurduto 9th (SP 8th, FS 9th) IJS

Novice Mens Championship

Alex Johnson 2nd (SP 2nd, FS 1st) IJS

Club Volunteerism

The Braemar City of Lakes Figure Skating Club is looking for Volunteers for various tasks.

Membership Chair

Maintain existing and new memberships. Publish membership application, collect, organize and submit information to US Figure Skating. Publish membership directory and provide current listing to club billing monthly. Speak to David Litteken for more information.

Ice Contracts Coordinator

Organize and publish Ice Contract sessions. Maintain ice contracts and ice contract books for ice monitors. Work with club billing to resolve ice contract issues. Speak to Kathy Lingofelt-Meyers for more information.

Ice Monitor Coordinator

Organize and assign sessions to volunteer monitors. Collect session sheets and guest checks. Provide

spreadsheet detailing information to club billing monthly. Speak to Loni Keenan for more information.

Spin Editor

Editor of the bi-monthly SPIN newsletter. The tasks includes collecting interesting facts about our skaters both on and off the ice for publication. Speak to Darren Keenan for more information.

Bulletin Board

Maintain the club bulletin boards in the East Arena by the club room. This would include posting items, decorating and cleaning up the boards. Speak to Darren Keenan for more information.

Webmaster

Maintain the club web site. Assist committee chairs to post current information and information for the membership. Speak to Darren Keenan for more information.



**Please don't be bashful,
there are volunteer
positions available in many
different areas.**

**Even if you are new to the
club or lack skating
experience there is a
volunteer position for you!**

US Figure Skating Medalists & Test Results

Senior Freeskating

Lauren Anderson

Novice Freeskating

Annie Nelson

Intermediate Freeskating

Nicole Cody

Intermediate Moves

Elise Keller

Juvenile Freeskating

Elza Thayer

Allie Tufto

Juvenile Moves

Rebecca Bone*

Beth Sercombe*

Pre-Juvenile Freeskating

Lydia Pineault

Preliminary Freeskating

Jasmine Kirchner

Hailey Walker

Preliminary Moves

Hayley Archer

Talia Barr

Pre-Preliminary Freeskating

Madeline Farrell

Kathryn Peters*

Pre-Preliminary Moves

Sarah Anderson

Theresa Gerber

Hannah Mirman

Kaia Ordal*

Natalie Thomas

Pre-Gold Ice Dance

Hannah Erickson (Starlight Waltz, Killian)

* Test taken at another club.

■ A special thank you to the judges who volunteer their time to the sport of Figure Skating. We specifically identify those judges who have participated in our recent test sessions.

Jan Anderson

Nancy Kaufmann

Marlys Larson

2007 Adult Midwesterns Volunteers Needed

All proceeds of the Adult Midwestern Sectional Championships are going to the Braemar - City of Lakes Figure Skating Club. The success of this competition depends on the efforts of volunteers, from club parents to skaters to competition committee chairs.

We are drawing upon the local adult skating community, but will need the efforts of the entire club. Please remember that even the judges, accountants, referee, and music coordinators are unpaid volunteers.

In order to make the competition a success, we need your help. We still need:

Hospitality Head of Committee: Organizing officials' and coaches' food during the competition.

Hospitality Helpers: Help serve food to officials and judges.

Sweepers: Keep the ice clear of debris.

Runners: Run competition sheets between judges and accountants, post results.

Ice Monitors: Check skaters at the door during the competition and practice ice.

Awards: Hand out awards, direct traffic to photos.

Registration: Shift of an hour or two: signing in competitors, collecting music, handing out gift bags, answering questions (provide general information).

Set up and tear down: Friday afternoon and early evening (decorations, tables...) Tear down Sunday afternoon. Estimate after 1:30 p.m.

Food/Supplies: Donate food items (water, pop, breakfast items) for hospitality.

Competitors/Officials' Dinner: Assist with prep, serving.

Help where needed: Call me and let me know where I could be of help.

Synchro Focus

The Team Braemar Junior Team is preparing to make their debut international appearance. They have been offered a chance to participating in the Zagreb Snowflakes Trophy in Zagreb, Croatia March 15-17, 2007. Please contact members of the Synchro Committee to assist them with their fundraising efforts.

Former Braemar skater Amanda France is now attending college at the Western Michigan. She made the Senior Team which will also be competing at the Zagreb Snowflakes Trophy in Croatia.

Congratulations Amanda!

Former Braemar skater Gwen Bone has made the Collegiate Team at the University of Wisconsin-Madison.

Congratulations Gwen!



Haydenettes head coach Saga

Krantz, a native of Finland has been assisting Team Braemar for our competitions. She also participated in a Clinic this past Summer in July with the Junior and Novice Teams.



REVISED
Synchro
calendars are
available on the
club website.

Official Notice

Effective December 1st 2006, the following changes to the club ice will be made.

Monday	PMC	3:55 pm	FS>/=JF	(no 5 day requirement)
Tuesday	PMC	4:00 pm	FS>/=JF	(no 5 day requirement)
Wednesday	PMC	4:00 pm	FS>/=JF	(no 5 day requirement)
Thursday	PMC	4:00 pm	FS>/=JF	(no 5 day requirement)
Friday	PMC	3:55 pm	FS>/=JF	(no 5 day requirement)
Friday	PMD	4:50 pm	FS>/=PF or MIF>/=PJM	
Wednesday	PMD	5:00 pm	FS>/=PF or MIF>/=PJM	

The rule requiring a skater to contract 10 or more sessions per week in order to be eligible to skate on Competitors Ice is being temporarily suspended. The requirement to contract Competitors Ice (PMW) Monday through Friday still remains in effect.

These changes will be in effect for the (December, January, February) and (March, April, May) contract sessions.

The Board has accepted the unanimous recommendation of the Coaching Staff. This decision was made in an effort to better utilize our ice time while minimizing the current loses. We appreciate your cooperation.

Braemar City of Lakes Board of Directors

Sessions marked >/=JF are reserved for skaters who have passed the Juvenile freeskating test
Sessions marked >/= PJM are reserved for skaters who have passed the Pre-Juvenile moves test.
Sessions marked >/=PF are reserved for skaters who have passed the Preliminary freeskating test.

Competitor's Ice:

Skaters must contract for 10 or more sessions per week (Suspended)
Skaters must contract Monday through Friday (PMW)
Sessions marked "Competitor's Ice" (PMW) are restricted to Home Club Members only
Skaters must have passed the Juvenile Free Skate level test.
No Ice Dance will be allowed on Competitor's Ice

Please contact a Board Member if you have any questions.

Numbers to Know

President

Darren Keenan (952) 929-8591
president@braemarfsc.org

Vice Presidents

Jane Sutton (952) 938-3529
Evelyn Bone (952) 975-9608

Secretary

Lezlie Bork (952) 475-1607

Treasurer

Tom Regan (952) 941-7927

Ice Contracts

Kathy Lingofelt-Meyers (651) 646-3815

Testing Chair

Jody Spurduto (952) 949-0769

Membership Chair

David Litteken (952) 928-0988

Monitor Coordinator

Loni Keenan (952) 929-8591

Head Professional

Joan Orvis (612) 825-8344

Club Billing

Renee Rahimi (952) 934-5987

Synchro Coordinator

Deb Regan (952) 941-7927

Club Room (952) 941-2082

Arena Office (952) 941-1322



Skating FAQ's

Are you new to Skating, or just looking to learn more?

There are several resources available on our Club Web Site. Here is a list of Frequently Asked Questions we have posted.

- Boot Care.pdf [82 kB]
- Coach Certification.pdf [135 kB]
- Coach Relationship.pdf [80 kB]
- Competition FAQ.pdf [119 kB]
- Competition Types.pdf [92 kB]
- Ice Etiquette.pdf [90 kB]
- Parent Responsibilities.pdf [90 kB]
- Qualifying Competition Progression.pdf [608 kB]
- Scoring (6.0) System.pdf [33 kB]
- Skating Intro.pdf [98 kB]
- Synchro Primer.pdf [144 kB]
- Testing & Levels.pdf [114 kB]
- Typical Competition Events.pdf [73 kB]

These documents can be found at the following link.

<http://www.braemarfsc.org/Braemar.cfm?SectionToken=226>

Additional Items



December 2006

S	M	T	W	T	F	S
					2007 U.S. Junior Championships Dr. Porter Synchro	
					1	2
Dr. Porter Synchro					Cape Cod Synchro	
3	4	5	6	7	8	9
					Maplewood Classic	
10	11	12	13	14	15	16
		Board Meeting Test Session				
17	18	19	20	21	22	23
No Ice					No Ice	
24 31	25	26	27	28	29	30

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	Granite City Classic	
Granite City Classic	TCFSA Testing	Test Session		2007 Midwestern Sectional Championships		
12	13	14	15	16	17	18
19	20	Board Meeting	22	No Ice		
No Ice		2007 U.S. Junior Championships				
26	27	28	29	30		

Braemar City of Lakes Figure Skating Club
 P.O. Box 390301
 Edina, Minnesota 55439-0301
 www.braemarfsc.org

